



ARE YOU A YOUNG PERSON

who helps to look after someone with a physical or mental illness, disability or who misuses alcohol or drugs?

YOU MAY BE A **YOUNG CARER**

Support is available. **TELL YOUR DOCTOR.**

Gloucestershire
YOUNG
Carers

Call **01452 733060**

for your Young Carers Information Pack

Keep up-to-date:



For further information visit: glosyoungcarers.org.uk